

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

RECEIVED
3/31/98

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Metaform™ Megabolan 20 packs Product #52471** bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

- 045 '98 APR 14 P2 :22

The text of the structure-function claims for **Hydroxymethylbutyrate (HMB); L-Glutamine; N-Acetyl-L-Cysteine; Acetyl-L-Carnitine; Phosphate; Multiple Vitamin/Mineral** is as follows:

- (Statement 1) Anti-catabolic and Recovery Megapacks
- (Statement 2) The all new MEGABOLAN™ is a promoter of muscle anabolism that contains clinically tested biomolecules designed to support cell volume and exercise recovery. This unique formula has been designed to enhance a properly structured exercise and nutrition program.
- (Statement 3) HMB has been clinically shown to decrease the rate of muscle protein breakdown. Each daily serving contains 3g of HMB, the same amount used in clinical studies.
- (Statement 4) NAC supplementation has been shown to reduce muscle fatigue and improve antioxidant status.
- (Statement 5) Carnitine combined with vitamins and minerals improved problem-solving ability. Acetyl-L-carnitine has affinity for the brain as a choline-like neurotransmitter.
- (Statement 6) Full spectrum vitamins and minerals, including magnesium, which is involved in energy production, protein synthesis and ATP stabilization in muscle.

I, Luke R. Bucci, Ph. D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 25th day of March, 1998.

WIDER NUTRITION INTERNATIONAL, INC

BY: DR. LUKE R. BUCCI

DR. LUKE R. BUCCI
Vice President of Research

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STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Hydroxymethylbutyrate (HMB); L-Glutamine;
Taurine; N-Acetyl-L-Cysteine; Acetyl-L-Carnitine; Phosphate;
Multiple Vitamin/Mineral

DATE: February 25, 1998
Document Name: sfOI anab.wpd

BY: Luke R. Bucci, PhD

BRAND, CODE # & PRODUCT NAME(S): Metaform 52471 Megabolan 'M 20 packs

NUTRIENT AMOUNT: 3000 mg calcium HMB; 2000 mg L-Glutamine; 1000 mg Taurine;
200 mg N-Acetyl-L-Cysteine; 25 mg Acetyl-L-Carnitine; 100% RDI
vitamins & minerals; 1000 mg phosphorus as phosphate

STRUCTURE/FUNCTION CLAIM:

Box:


ANTI-CATABOLIC AND RECOVERY MEGAPACKS

The all new MEGABOLAN™ is a promoter of muscle anabolism that contains clinically tested biomolecules designed to support cell volume and exercise recovery. This unique formula has been designed to enhance a properly structured exercise and nutrition program.

- HMB has been clinically shown to decrease the rate of muscle protein breakdown. Each daily serving contains 3g of HMB, the same amount used in clinical studies.
- Glutamine and taurine are the major amino acids in muscle amino acid pools. Intense exercise may depress valuable muscle and plasma glutamine levels.
- NAC supplementation has been shown to reduce muscle fatigue and improve antioxidant status.
- Carnitine combined with vitamins and minerals improved problem solving ability. Acetyl-L-carnitine has affinity for the brain as a choline-like neurotransmitter.
- Full spectrum vitamins and minerals, including magnesium, which is involved in energy production, protein synthesis and ATP stabilization in muscle.

Hang Tag:

- THE ULTIMATE ANTI-CATABOLIC AND RECOVERY FORMULA
- Anti-Catabolic recovery formula
- Pro-anabolic formula
- Athletes who want to enhance strength
- Athletes who want to build strength
- HMB has been clinically shown to decrease the rate of muscle protein breakdown

 3/1/98
Approved by/ Date

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